



# Building Prayer Habits

<b>Morning</b>		Time:
What Prayer did you do today?		
Who did you pray with?		
How did you feel before the prayer?		
How did you feel after the prayer?		
<b>Afternoon</b>		Time:
What Prayer did you do today?		
Who did you pray with?		
How did you feel before the prayer?		
How did you feel after the prayer?		
<b>Evening</b>		Time:
What Prayer did you do today?		
Who did you pray with?		
How did you feel before the prayer?		
How did you feel after the prayer?		